



A Girl's Guide to Moving On Reading Guide

1. If you were in Leanne's position, would you have shared your son's infidelity with his wife? Why or why not?
2. How are Leanne and Nichole's journeys similar? How are they different?
3. How do Leanne and Nichole support each other?
4. Were you surprised by any decisions Leanne and Nichole made during the course of the book? Which of their choices did you find the most surprising and why?
5. Do you think it's possible to truly move on from something as devastating as what happened to Leanne and Nichole?
6. When Rocco tells Nichole, "I'd think less of you if you didn't love [Jake]" (p. 107), what do you think he means? And what does this say about him as a person?
7. Did this novel strike you more as a love story or a story about female friendship? What elements distinguish these different types of stories? Which kind of story do you prefer?
8. On page 240, Nichole says, "I'd learned a lot about myself. I was much stronger than I realized." Have you ever had a moment in which you had a similar realization? What led you to that discovery?
9. Leanne's friend Kacey tells her at one point: "Happiness is the best revenge." What does this saying mean to you? Do you agree with that sentiment?
10. Which of the Rules do you think is the most important to moving on and why?